

Master CVV Birthday Celebrations in the Nilagiris, Day 1

2nd August 2014

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1st Discourse by Master Parvathi Kumar



Hearty fraternal greetings and good wishes to all the brothers and sisters who have shown a very admirable commitment towards the Masters and the work that he promotes through us. The Master needs the mediums as much as the mediums need the Master. Without the mediums, the Master cannot proceed and vice-versa. The Master is always ready for the work. The mediums prepare themselves to be ready for the work of the Master.

It is amazing that so many of you have come here, daring the weather. It happened in 2009 and again now that we gather here for 3 days with Master's birthday as the key-note. We try to gain his energy and also manifest the work that he entrusts to us incessantly. It is not that Master entrusts that work on a time to time basis but it is one continuous work, with the disciple. The disciple should be continuously with the energy of the Master engaging himself in the work relating to the Master. When one engages himself in the work of the Master, the chemistry of yoga continues to happen. When the disciple is preoccupied with his personal programmes, he receives only little to conduct the needed changes in him. Change is continuous therefore the thought relating to Master should be continuous in us. We should have an understanding that the Master lives in me and is with me all the time and that he is holding me in all dimensions. This is what the Bhagavata Scripture tells. While eating, while travelling, while working, while awakening, while getting into sleep, etc., at all times we should entertain the thought that within you there is one more. It is the Lord, the Master who exists as us, the soul. The Ishwara is modified through the 3 qualities and becomes the soul. The Eshwara is still there in it. Only a part of him is modified as the soul. So the Ishwara rests in us and we are inseparable. We should experience that inseparability. Only then the real transformation happens. It is not for a while

that we do some ritual, chant some mantra for a while, close our eyes and strenuously search for some light within. It should happen at all times. At all times we should feel the ONE.

Coming to Kotagiri to attend this function enabled each of us to travel significantly. Therefore in this travel, how much you are with him, so much he is with you. He will make sure that we do not fall into any kind of troubles. We are in an insulated kind of situation. He will decide that we come here. The impulse that comes to us comes from him. It is not our impulse. Generally we do not know that has come from him. So this impulse comes from the Master and he takes care of the travel and your personality to make sure that you are here for this group life. The presence of Master is very high in a group life. It is also there individually but it is abundant in a group. Everything happens by itself in a group. That's how the work happens. No one feels doing anything much in a group.

Therefore thinking of the Master day in and day out is important, right from the brushing of teeth after you wake up to the point of getting into sleep. There is presence of Ishwara in everything around. This is the eternal truth. We are all made out of him. A part of him is modified as us and a major part remains un-modified to support us, to help us, to give us strength to ensure that we lead our life properly and in the process, he also reveals knowledge to us. So that is what the Master's work is. He is ready from his side but we should also be prepared. Purity should also be there. Some are pure but not prepared while some are prepared but not pure. So both should go hand in hand.

Yoga stands with those who mean good for others as well and not only themselves. The truth is in being good for others, you forget about yourself. You tend to be for more and more general good. When you are so, a lot is expelled from you. When we are for ourselves, lot of stuff gathers within causing lot of congestion and therefore there is fear, anxiety and doubt. Therefore the whole process is unfolding into the surroundings and not getting stuck in surroundings.

Yoga is not accumulating from outside. A Master observes how much a disciple is offering than receiving. As one is offering oneself, the preparedness is also getting more and more expressing itself. When group lives like this happen, we see the preparedness of the group, especially the youngsters who have worked for almost last 3 weekends to make this happen in this manner. It shows their preparedness. For whom are they doing? For the group of 300-350 members. That concern for the group is the concern for the Master. As much as you serve the group, you are serving the Master. Individually, Master requires no service. As much as the group is served, Master is pleased. That is why I say "In Aquarian Age, the group is the Master". Serve the group to please the Master. You cannot meet the Master by leaving the group behind. Great ones lead from behind. They do not look for themselves or they do not want to be first in a group. So this group life has been possible by the work of unknown persons who have been moving between Bangalore and Kotagiri like we move within a city. All this material for this Group life has been brought from Bangalore.

Master EK used to say when someone asked him "What is Yoga?" Yoga is nothing but being useful to others. If you receive, you tend to move towards the south and as you offer, you move towards the North Pole. There is always giving and taking in life but you should be more oriented towards the giving part of it. As you give, you move towards north which means that your awareness is uplifted. In the path of discipleship, the test is "what is the tangible usefulness of you to the surroundings?" Is it only limited to you or your family or does it go beyond? If you just receive from others, you just become a means to others to serve and that is only the satisfaction that you get. This is what Master sees all the time.

You have all shown a great commitment to come here by taking leave from your work. For this, Master helps you but you should show your preparedness. You need to spend money and energy and it is this commitment that Master wants. Just to give an example, Brother Ramana has been travelling all over the globe for the last 10 years now at his own cost, ensuring that all the speeches are recorded and transmitted and at the same time, he is taking care of his family and profession in a very dignified manner. Why is he doing this? It is not to boast him, it is just an example and all of you have come in the same manner, though there are certain differences in degrees in preparedness.

The more you offer, the more you receive. You offer in the lower circles and in turn you are offered from the higher circles. That is the key. In Yoga, there is only receiving from those higher to you but the law is such that unless you offer to the circles lower to you, you cannot receive from the higher circles. It is like you cannot inhale unless you exhale. We should check this all the time, "Am I on the receiving side or on the offering side?"

Master regularly checks who is really developing and those who are just in the glamour of developing. The glow in the face indicates what one is working out. You cannot demand energies from the Master. As much as you work towards others, there is transmission of energies from the Master. As much as you turn to the Master to receive, he turns towards some other side. These are some fundamentals that we generally forget. From childhood, we are only taught to ask from God and hence we became like this. The Lord does not want us to be beggars. All great devotees are great offerers as well. They have sacrificed from much beyond our imagination and that is why they stand as great devotees. There are so many examples. So keep this key note and work. That is how it works out. In your daily life, ensure that you are offering in one way or the other. Let that be your orientation.

Lord Krishna tells Arjuna, "Don't fight the war for yourself. You are fighting for Dharma and welfare of others. Live your life for others welfare." Buddha tells the same thing. It is not right intelligence to try and get the best from others for yourself. It is self-destructive intelligence.

I have been seeing from yesterday how many have been working to move this group life. There are wheels for every group activity to move. The Master is concerned about the wheels. We are more concerned about the train compartment but what is it that brings the compartment to you and ensures your travel, it is the wheels. They are hidden by the platform and we ignore them. We see the gigantic tree but what is it that ensured the growth of the tree, it is the roots which are generally unseen. Occultism is seeing the unseen. Note this point. So learn to see the unseen.

The basis for that which is visible is invisible. That is what the Purusha Sukta tells. 3 parts is invisible but only one part is visible. Don't just see the visible part and forget the invisible part. Don't see the packing materials, see the content. We should be more concerned about the content and not the cover. Generally we are more concerned about the covering. That is what happens mostly with our books. Mostly people comment about the cover of the book and not the content. Who wrote the content? Don't think it is me. The content in the books is eternal coming from above. So peripheral living is not occultism.

In Yoga path of Master CVV, certain principles, fundamentals and requirements are to be followed. I keep giving them in the monthly magazine "Navani". Brother Gopal wanted them to be brought together and printed as a separate book so that people are benefitted. Bringing it only in Telugu will not be sufficient as we have other followers as well. My concern is the benefit of all the groups all over the globe. So they are even translated into English. So these regulations can be now translated to other languages as well. They are 40 in number.

(Master released the booklets - one in English under the name "Criteria for Yoga" and the other in Telugu).

I will read one. "Be not tough and rigid in your attitude. Be flexible and be accommodative."

That is why we have group lives. If you are not accommodative, you are put to trouble by nature. If you are completely accommodative, nature is so very pleased with you that it gives you the best of the things. That is how it is in nature. Be accommodative of others. Then unconsciously you get into such realms of nature that the nature starts accommodating you. It is to the extent that if you go out, the rain stops. It is such. If the nature is not cooperative with you, understand that you are not accommodative and need to change yourself. Nature is infallible.

Another regulation - "Do not think that truth can be perceived in only one way, that is your way. Truth can be perceived in 1000 ways."

The little minded think that their way is the only way. Remember that there are 360 degrees around a point and in the 3 worlds, they become 1000 dimensions. That is why we say so. This is we normally do on those who we dominate. It is because we think we know more than them. Sometimes, best advice may be coming from the least expected corners. It may be coming from a small kid. Be open from every way till you make a decision. Once you decide, do not heed to others and shift. That should be the attitude, if you wish to grow in life. I decided to come by train to Coimbatore for this group life but many well wishes told me to travel by flight out of their concern for me but I never answered because I decided by then. That is how your attitude should be if you wish to grow in life.

Another thing is, do not expect others to follow your advice just because he enquired you for some direction. If you feel that he must follow your advice, it means that you are an egoist. You can be suggestive but you cannot be directive. You can express but you need not impress. You inform but not influence. It is an offence to try to impress to influence others. It is for others to get impressed or be influenced by your words. This is another dimension in Yoga. These are the regulations that the modern civilization fails to understand.

This is one presentation for the group. Another presentation is coming from Bangalore group.

Expressions on "OM" have been given a month each for the Vaisakha Newsletter and the group has collected 102 expressions and brought out a book. Each page carries the background of symbol "OM". There is no mantra much more effective than OM and no mantra is fulfilled unless you start with OM. Our Rishis say OM is the beginning, OM is the continuity and OM is the conclusion. If you read one expression daily, it will unfold better thoughts in you. There are no new thoughts in the awareness, if you remain with the daily routine. If you want impulses of light coming from you, you need to relate to thoughts of wisdom coming from Masters. You can make use of it. The book is printed in a very artistic manner which is appealing to the human consciousness. I always say that there should be some art involved while publishing a book. Mechanical way of doing does not appeal to the human consciousness. It should touch the heart and not just the brain. If it is artistic, it touches the heart. It is so when things are done with a human touch. If it is just done by a machine, there is no such touch. If you are touchy about the work, it comes out in a beautiful manner. That is how this book has been printed in a beautiful manner.

If you reside in heart and extend into the head to work "Life is beautiful". If you just reside in the head, it is tough to move with such people. If people residing in heart come together, it becomes a club of synthesis.

A booklet has been brought out with the brief of the details of the "Master Mountain" project that is coming up and also a 15 minute video which gives all the details. It will be distributed to all those who are available online. It can be gone through. It gives the story relating to why we are building up this Master mountain resort. Now there will be a video show. The video will be later shared with all the groups online.

Tomorrow we will discuss the regulations in a joyful manner. I call them "Criteria for Yoga" in English. If you think that you re practicing Yoga, this is the checklist. If you do not have those qualities, you can pick them up.

-Swasthi